



**10th June 2023**  
**POCUS Workshop**  
hosted by PEMS  
organised by NZKJ  
Inselspital Bern

## **POCUS Workshop – Saturday, 10.06.2023**

### **Site**

Inselspital, Notfallzentrum für Kinder und Jugendliche

Kursraum 1 Kinderklinik A

Freiburgstrasse 15

3010 Bern

[Map](#)

### **Schedule**

08:00 Sign-In

08:15 Introduction

08:30 Abdominal 1 FAST / FAFF / Bladder

08:50 Lung Ultrasound

09:10 Vascular Access

09:25 Lumbar Puncture

09:35 Basic Echo

10:00 Break

**10:20 Hands-On (120 min)**

Abdominal 1, Lung, Vascular Access / Lumbar Puncture, Basic Echo

12:30 Lunch

13:20 Fractures

13:40 Abdominal 2, Appendicitis, Intussusception, Constipation

14:00 Foreign Body, Lymph nodes, Abscess

14:20 Hottest Pocus Papers

14:30 Break

**15:00 Hands-On (120 min)**

Abdominal 2, Fractures, Foreign Body / Abscess, free practice

17:30 How to get the POCUS certification and how to stay up to date

**Evaluation - End**



## Language

The POCUS Workshop will be held in English.

## Credits

We apply for 8 credits Swiss society of pediatrics and 8 credits SGUM/SVUPP.

## Organisation

The POCUS Workshop is hosted by the PEMS POCUS Team and organised by Notfallzentrum für Kind- und Jugendliche, Inselspital Bern.

## Price

CHF 350.00 for PEMS members

CHF 400.00 for non-PEMS members

## Registration

Registration deadline: **26 May 2023** (→ limited number of participants)

You can register for the POCUS Workshop by the following link:

[Registration 2023](#)